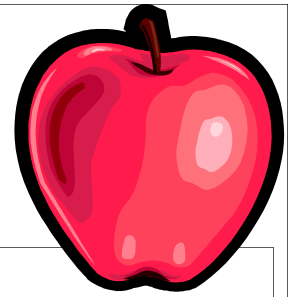




September



2010

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
<p>Van to Stop and Shop every Tuesday at 9:45 and 10:45, other shopping trips available – check with Kathy!</p>			<p>1 10:30 Exercise 11:30 Lunch 12:00 Tamari 1:00 Bridge</p>	<p>2 9:30 Tai Chi 11:30 Lunch 1:00</p>	<p>3 10:00 Book Discussion Group, Milne Library 10:30 Exercise 11:30 Lunch 1:00 Bingo</p>	<p>4</p>
<p>5 No lunches today-Labor Day Weekend!</p>	<p>6 Labor Day Harper Center Closed</p>	<p>7 10:30 Oil Painting 12:00 Pizza 1:00 Recycled crafts with Sandy</p>	<p>8 10:30 Exercise 11:30 Lunch 12:00 Tamari 1:00 Bridge</p>	<p>9 9:30 Tai Chi 11:30 Lunch 1:00 Wii Bowling</p>	<p>10 10:30 Exercise 11:30 Lunch 1:00 Bingo</p>	<p>11</p>
<p>12 11:30 Lunch</p>	<p>13 10:30 Exercise 11:30 Lunch 1:00 Wii bowling</p>	<p>14 9:00 Oil Painting, Foot Care 12:00 Blood Pressure Clinic 1:15 Friendship Club</p>	<p>15 9:00 Mystery Trip 10:30 SHINE 10:30 Exercise 11:30 Lunch 12:00 Tamari 1:00 Bridge</p>	<p>16 9:30 Tai Chi 11:30 Lunch 1:00 Yoga-size 2:00 Crafts/knitting meeting</p>	<p>17 10:30 Exercise 11:30 Lunch 1:00 Bingo</p>	<p>18</p>
<p>19 11:30 Lunch</p>	<p>20 10:30 Exercise 11:30 Lunch 1:00 Wii Bowling</p>	<p>21 9:00 Oil Painting, Foot Care Clinic 12:00 Luncheon 1:00 Pam O'Bert, Audiologist</p>	<p>22 10:30 Exercise 11:30 Lunch 12:00 Tamari 1:00 Bridge</p>	<p>23 9:30 Tai Chi 11:30 Lunch 1:00 Crafts</p>	<p>24 10:30 Exercise 11:30 Lunch 1:00 Bingo</p>	<p>25</p>
<p>26 11:30 Lunch</p>	<p>27 10:30 Exercise 11:30 Lunch 1:00 Wii bowling</p>	<p>28 9:00 Oil Painting 12:00 Cookout 1:00 Welcome Fall Party!</p>	<p>29 10:30 Exercise 11:30 Lunch 12:00 Tamari 1:00 Bridge</p>	<p>30 9:30 Tai Chi 11:30 Lunch 1:00 "Portion Distortion"</p>		